

Group Work C.E. Series

Loyola University Chicago

Click the [link](#) embedded in each presenter's name for details on each (3 CEU) workshop.

WORKSHOPS

**February
24**

1 - 4 pm, Central
(Chicago) Time

*Working with Conflict
and Challenging
Dynamics in Groups*

[Ann Bergart, Ph.D., LCSW](#)

**March
03**

1 - 4 pm, Central
(Chicago) Time

*Strategies for Effective
Beginnings & Endings in
Task & Treatment Groups*

[Jen Currin McCulloch, Ph. D., LMSW](#)

**March
17**

9am to 12pm,
Central (Chicago)
Time

*Strategies for Effective
Recruitment & Retention in
Task & Treatment Groups*

[Padraic Stanley, LCSW
& Jeaneane Quinn, LSW](#)

**March
24**

1 - 4 pm, Central
(Chicago) Time

*Adventure Based
Group Work*

[Christian Itin, Ph. D.](#)

**March
31**

1 - 4 pm, Central
(Chicago) Time

*Effective Group Work
Practice with Diverse Latinx
Communities*

[Mauricio Cifuentes, Ph. D., MSW, J.D.](#)

**April
21**

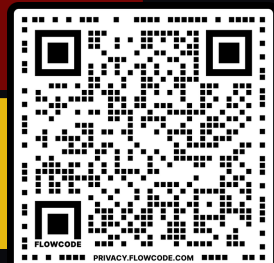
9am to 12pm,
Central (Chicago)
Time

*Ethical Challenges in
Contemporary Social Group
Work*

[Kristina Lind, Ph. D., LICSW](#)

Scan QR Code or [Click to Register!](#)

General: \$80, LUC Alumni/Field Instructors: \$65,
Students: \$15



Email cgosselin@luc.edu for questions and additional info.

Working with Conflict and Challenging Dynamics in Groups

Ann Bergart, Ph. D., LCSW

The workshop focuses on building skills to address common challenges in groups. It initially looks at how to work with group conflict and continues with an emphasis on understanding and intervening with difficult group and individual dynamics including monopolizing, scapegoating, and silence. Attendees can expect didactic instruction in combination with practice examples. There will be opportunities for participants to work together to integrate the workshop's concepts and strategies into their own professional activities.



At the end of this session, participants will be able to:

- Appreciate the value of helping group members deal with conflict
- Better understand and empathize with the underlying meanings of problematic member and group behavior
- Help members learn to deal constructively with conflict
- Deal productively with common challenges like monopolizing, silence, and scapegoating

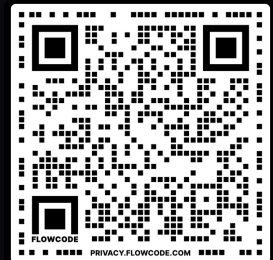
Spring 2023 Group Work CEU Series

Friday, February 24th,
2023 | 1pm to 4pm,
Central (Chicago) Time
| via Zoom | 3CEUs

FEE:

General: \$80, LUC
Alumni/Field Instructors:
\$65, Students: \$15
20% discount if enrolled in
3 or more sessions

[Register Here](#)





SCHOOL of
SOCIAL WORK



Instructor: Ann Bergart, Ph.D., LCSW

BIOGRAPHY

Ann Bergart, Ph.D, LCSW, fell in love with group work while getting her Master's degree. This was followed by 20 years of practice in family service agencies -- facilitating various types of groups, as well as supervising and training others in group work. She taught social work with groups at the university level for 30 years. In addition to writing articles and presenting workshops on group work, Ann plans and facilitates mutual aid groups for the International Association for Social Work with Groups (IASWG). Helping social workers experience the power of groups is her passion.

**FRIDAY,
FEBRUARY 24TH**

1 - 4 PM, CENTRAL
(CHICAGO) TIME

VIA ZOOM

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Strategies for Effective Beginnings and Endings in Task and Treatment Groups

Jen Currin-McCulloch, Ph. D., LMSW

This interactive workshop focuses on best practices in facilitating the beginning and ending phases of groups. It reviews strategies for both task and treatment groups, open and closed membership groups, sessional beginnings and endings, and groups for diverse populations and settings. Participants will have the opportunity to envision a new group and how they would plan to start and end it. The session addresses both in-person and virtual groups and highlights strategies for evaluating the impact of the group.



At the end of this session, participants will be able to:

- Conceptualize and plan beginning sessions that promote member inclusion and engagement.
- Develop meaningful group closure activities that integrate self-reflection and acknowledgement of the interpersonal benefits of their group participation.
- Have an increased understanding of group evaluation strategies including pre-post surveys, individual reflection and creative self-expression activities.

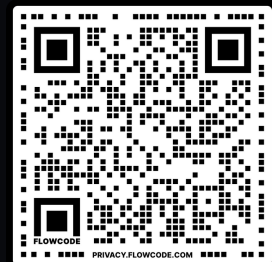
Spring 2023 Group Work CEU Series

Friday, March 3rd,
2023 | 1 - 4pm,
Central (Chicago)
Time | via Zoom |
3 CEUs

FEE:

General: \$80, LUC
Alumni/Field Instructors:
\$65, Students: \$15
20% discount if enrolled in
3 or more sessions

[Register Here](#)





SCHOOL of
SOCIAL WORK



Instructor: Jen Currin McCullough, Ph.D., LMSW

BIOGRAPHY

Dr. Jen Currin-McCulloch is an assistant professor at Colorado State University's School of Social Work. She teaches group work courses in the BSW and MSW programs and studies photovoice as a group work intervention with young adult cancer survivors. She is also Chairperson of the Western States Chapter of the International Association of Social Work with Groups (IASWG).

**FRIDAY,
MARCH 3RD, 2023**

1 - 4 PM, CENTRAL
(CHICAGO) TIME

VIA ZOOM

[REGISTER HERE](#)

Strategies for Effective Recruitment & Retention in Task & Treatment Groups

Spring 2023 Group Work CEU Series

Friday, March 17th,
2023 | 9am - 12pm,
Central (Chicago)
Time | via Zoom |
3 CEUs

This session will explore strategies for effective recruitment and retention in both task and treatment groups. Presenters will share how the use of programmatic and clinical best practices, including Motivational Interviewing, can greatly improve attendance and participation. Tools and strategies from the facilitators own experience recruiting and sustaining over 25 groups annually will be shared and discussed.

At the end of this session, participants will be able to:

- Apply social work concepts to recruiting and retaining membership in task and treatment groups such as motivational interviewing, mutual aid, contracting, and the effective use of time and purpose.
- Explain the importance of client-centered and strengths-based perspectives in group recruitment and retention.
- Implement project management tools such as timelines to ensure staff have a clear plan and optimal check-ins with group members to improve consistent participation.



Padraic Stanley,
LCSW

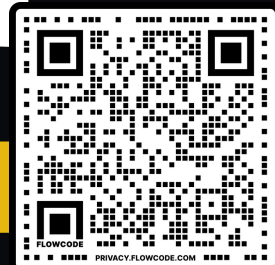


Jeaneane Quinn,
LSW

FEE:

General: \$80, LUC
Alumni/Field Instructors:
\$65, Students: \$15
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3 or more sessions

[Register Here](#)



**Friday,
March 17th, 2023**

9 am to 12 pm, Central (Chicago) Time



**Padraic Stanley,
MSW, LCSW**



**Jeaneane J. Quinn,
MSW, LSW**

BIOGRAPHY:

Padraic Stanley is a program manager for community integration at the Rush University Medical Center Department of Social Work & Community Health in Chicago. He oversees multiple projects to bring evidence-based group interventions for chronic condition management, pain management, emotional wellness, and fall prevention to older adults throughout the city. He is the chair of Rush's Immigrant Health Working Group; an adjunct instructor in the School of Social Work, Loyola University Chicago; Associate Professor of Social Work for Rush University College of Health Sciences; a member of the Associate Board of Erie Neighborhood House; and on the Executive Board for the International Association for Social Work with Groups (IASWG).

BIOGRAPHY:

Jeaneane Quinn is a Geriatric Social Worker in the Rush Department of Social Work and Community Health in Chicago. She provides community clinical social work services at four Senior Centers of the Chicago Department of Family & Support Services, and co-facilitates the monthly Friends and Family of People with Memory Loss support group in collaboration with the Alzheimer's Association. She is highly skilled in the use of motivational interviewing to assess and encourage participant engagement in health promotion and disease prevention programs. As a Master Trainer for evidence-based falls prevention interventions such as A Matter of Balance and Tai Chi for Arthritis and Fall Prevention, she is dedicated to fostering health, awareness, advocacy, and education.

[Register Here](#)

Adventure Based Group Work

Christian Itin, Ph. D.

This experiential workshop will examine adventure-based forms of group work practice such as cooperative games, problem-solving initiatives, trust activities, high adventure programs, and wilderness expeditions. We will explore the five major domains and how they can be used in indoor group settings and outdoor lawns or parks. Participants will engage in virtual activities to explore how an adventurous approach can aid any group experience. We will also examine how group workers can partner with other providers to run adventure activities that require specialized skills or remote wilderness locations.

At the end of this session, participants will be able to:

- Have an understanding of the major approaches to (major methods in) adventure-based practice and how this practice fits within the broader framework of experiential group work.
- Have a working knowledge of how adventure-based practice can be incorporated into any form of group work practice.
- Describe the basic ethical and practical elements of delivering adventure-based practice in a culturally relevant context.



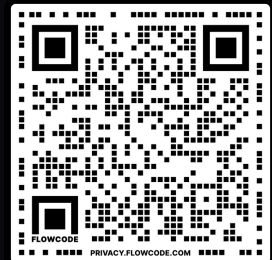
Spring 2023 Group Work CEU Series

Friday, March 24th,
2023 | 1 - 4pm,
Central (Chicago)
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3 CEUs

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[Register Here](#)





SCHOOL of
SOCIAL WORK



Instructor: Christian Itin, Ph.D.

BIOGRAPHY

Christian Itin, Ph.D., has been engaged in experiential and non-deliberative practice for over 25 years. He has presented around the world on experiential work in many forms. Currently, a professor of social work at Metropolitan State University of Denver, he has been teaching virtually since the early 2000s. Most recently he has been teaching courses on experiential practice and adventure practice in both synchronous and asynchronous contexts.

**FRIDAY,
MARCH 24TH, 2023**

1 - 4 PM, CENTRAL
(CHICAGO) TIME

VIA ZOOM

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Effective Group Work Practice with Diverse Latinx Communities

Mauricio Cifuentes,
Ph. D., MSW, J.D.

This interactive workshop addresses effective practices for recruiting and facilitating groups for the diverse Latinx populations. It identifies unique considerations for Latinx communities within the context of traditional group work theory and principles. Specific examples drawn from real-life experiences will be shared and assessed. Participants are encouraged to bring questions based on their own practice experiences.



At the end of this session, participants will be able to:

- Understand how some critical Latinx cultural norms impact the process of recruiting and facilitating groups
- Apply practical strategies for effectively reaching and engaging Latinx individuals in a broad array of diverse groups (i.e. psycho-educational, therapeutic, trauma survivors, immigrants, LGBTQIA+, and men's groups).
- Understand the utility of group work theories in working effectively with Latinx populations.

Spring 2023 Group Work CEU Series

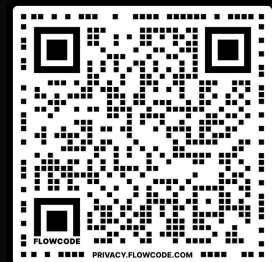
Friday, March 31st,
2023 | 1 - 4pm,
Central (Chicago)
Time | via Zoom |
3 CEUs

FEE:

General: \$80, LUC
Alumni/Field Instructors:
\$65, Students: \$15
20% discount if enrolled in
3 or more sessions

REGISTER HERE

This session fulfills the 3 credit
IL licensure requirement for
Cultural Competence





SCHOOL of
SOCIAL WORK



Instructor: Mauricio Cifuentes, Ph.D., MSW

BIOGRAPHY

Mauricio Cifuentes received a J.D. from the Pontificia Universidad Javeriana in Colombia, an MSW and a Ph. D. from Loyola University Chicago. He has worked as a clinician, supervisor, administrator, and professor for organizations such as Saint Anthony Hospital in Chicago, Augsburg University in Minneapolis, Comunidades Latinas Unidas En Servicio (CLUES) in Minneapolis/St Paul. At Loyola University Chicago he oversaw the first-in-the-country online, bilingual Master's in Social Work. Currently, he is the Clinical Director for Family Service and Mental Health Center of Cicero, IL.

**FRIDAY,
MARCH 31ST, 2023**

1 - 4 PM, CENTRAL
(CHICAGO) TIME

VIA ZOOM

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Ethical Challenges in Contemporary Social Group Work

Kristina Lind, Ph. D., LICSW

Expanded options in group work delivery have challenged the way social workers think about ethically sound group facilitation. This workshop aims to begin the conversation on these ethical considerations as they relate to confidentiality and privacy, informed consent, safety, and risk management, particularly in virtual group service delivery systems. The workshop will be highly participatory. Participants are asked to bring ethical challenges from their own practice to the discussion.



At the end of this session, participants will be able to:

- Have additional knowledge and strategies for addressing complex ethical issues in group work.
- Have strategies for dealing with issues of confidentiality in both in-person and virtual groups.
- Have enhanced tools to address privacy and safety issues in groups.

Spring 2023 Group Work CEU Series

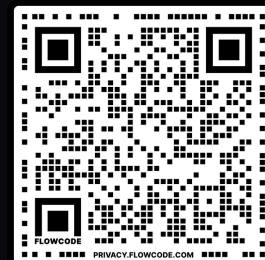
Friday, April 21st, 2023 | 9am to 12pm, Central (Chicago) Time | via Zoom | 3 CEUs

FEE:

General: \$80, LUC Alumni/Field Instructors: \$65, Students: \$15
20% discount if enrolled in 3 or more sessions

REGISTER HERE

This session fulfills the 3 credit IL licensure requirement on ethics and values





SCHOOL of
SOCIAL WORK



Instructor: Kristina Lind, Ph.D., LICSW

BIOGRAPHY

Kristina Lind, Ph.D., LICSW recently retired from a full-time faculty position at Plymouth State University in New Hampshire. Since her retirement a year ago, she has continued to teach on an adjunct basis at Loyola University Chicago and more recently at Western Carolina University. She is a member of the International Association of Social Work with Groups (IASWG) and of the National Association of Social Workers (NASW). She is Consulting Editor for Health and Social Work.

**FRIDAY,
APRIL 21ST**

9AM TO 12PM,
CENTRAL
(CHICAGO) TIME
VIA ZOOM

[REGISTER HERE](#)