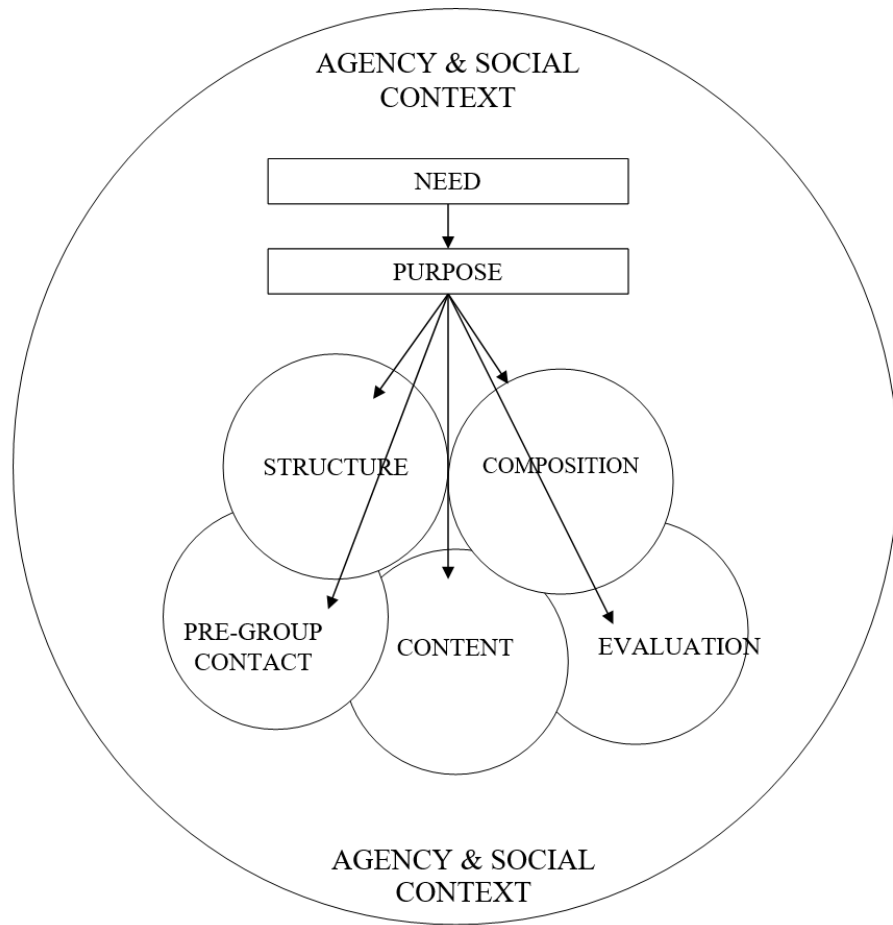


How can activities help to reach the group's



Linda Ducca Cisneros




Kurland & Salmon (2006)



Which aspects should we consider when planning an activity?





Which aspects should we consider when planning an activity?

- TIME/LOCATION
- RESOURCES
- PURPOSE OF THE ACTIVITY IN THE SESSION.
- COHERENCE WITH THE PURPOSE OF THE GROUP
- POSSIBLE EFFECTS OF THE ACTIVITY
- FUN/ HUMOR
- ENGAGEMENT
- DIFFERENT POSSIBILITIES TO PARTICIPATE
- DEGREE OF DIFFICULTY (frustration, accomplishment)
- FLEXIBILITY
- ROLE OF THE FACILITATOR
- ROLE OF THE PARTICIPANTS
- STAGE OF GROUP DEVELOPMENT

ACTION TECHNIQUES

(Doel, M. 1999)

Oral

*structured discussion;
open discussion;
rehearsal and role-play
drama; story-telling and
oral history; simulations;
guided fantasy;
reminiscence; life
scripting; metaphor*



Hardware

*audio-video; CD;
slides; film; video-
conferencing;
photography;
computer; internet;
virtual; one-way
screens*



Amor del Revés (una película arriesgada)

“Upside Down Love, A risky movie” (Amor del Revés. Una película arriesgada)

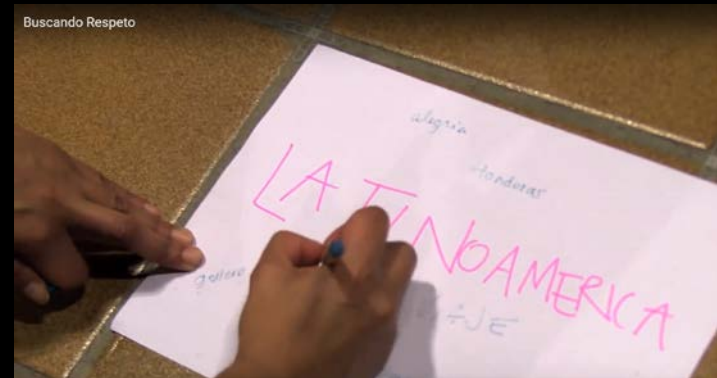


Written

*stories; novels; poems;
letters; diaries; e-mails;
homework; logs; quizzes;
leaflets; questionnaires;
reports; minutes;
summaries; newspaper
cuttings; statistics; articles;
handouts; critical incident
analysis; task analysis;
recorded observations;
group contracts; evaluation
sheets; official documents*



"I sleep little, I dream a lot"
Poetic Action. Argentina



Documentary Buscando
Respeto

Props

*food; smells;
clothes; clay; crafts;
tokens; conch;
string; wool;
puppets; dolls;
masks; objects;
furniture; music*



Graphic

*Flipcharting; posters;
mapping; quick-
thinks; drawing;
cards; cartoons;
sketches; artwork;
chalkwork; painting;
photographs; charts;
calendars; plans;
family trees;
diagrams; montages;
collages*



Bushwick collective. Brooklyn, N.Y.



Drawing of a group of young people with intellectual disabilities. UniverDi. Jaén, Spain

Physical

*play; mime; games;
dance; sculpting;
relaxation;
meditation;
exercises; contact
activities (e.g. group
tangle); outdoor;
tea/coffee breaks;
visits; trips*



Alphabetization project. Complutense University of Madrid- Ciudad Joven.



Why activities?

- It is not a new topic
- Evidence Base Practice
- Different channels of communication/Self expression
- Words only “reach” certain people (Learning styles, skills).
- We generally work with population who experienced trauma or have important problems in their life and are difficult to engage.



Sumiko Iwamuro, DJ Sumirock (The Japan Times, 2017)

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