

# Group Work C.E. Series

## Loyola University Chicago School of Social Work

### FALL 2023 WORKSHOPS

For more info. on presenters: <https://tinyurl.com/mrnn2nbf>

**September**

**29**

**Group Work Essentials: 6 CEUs |**  
9 am - 4 pm, CT | Zoom

[Greg Tully, MSW, Ph.D.](#)

**October**

**06**

**Addressing Diversity, Equity, Inclusion and  
Social Justice in Groups: 3 CEUs |**

1 pm - 4 pm, CT | Zoom

[Binita Donohue, LCSW](#)

**October**

**13**

**Using Activities Effectively: 3 CEUs |**  
1 pm - 4 pm, CT | Zoom

[Christian Itin, Ph. D.](#)

**October**

**21**

**Adventure-Based Group Work: An  
Experiential Introduction: 4 CEUs |**  
9 am - 1 pm, CT | Heller Nature Center

[Barney Straus, LCSW, CGP](#)

**November**

**03**

**Strategies for Leading Online Groups:  
3 CEUs | 1 pm - 4 pm, CT | Zoom**

[Sera Godfrey Kaplan, LICSW](#)

**November**

**10**

**Ethical Challenges in Contemporary  
Group Work: 3 CEUs |**

12:30 pm - 3:30 pm, CT | Zoom

[Kristina Lind, LICSW, Ph.D.](#)

**November**

**17**

**Working with LGBTQIA+ Communities  
in Groups: 3 CEUs | 1 pm - 4 pm, CT |  
Zoom**

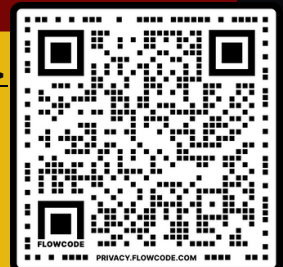
[Mauricio Cifuentes, Ph.D., LCSW, J.D.](#)

**Scan QR Code or use link below to register >>>**

See individual flyers for details, price, and  
fulfillment of licensure requirements -  
*Cultural Competency & Ethics and Values*

<https://tinyurl.com/23vdpdc9>

**\* Scholarships available**



Email [cgosselin@luc.edu](mailto:cgosselin@luc.edu) for questions and additional info.

# Group Work Essentials: Engaging, Empowering, and Facilitating Effective Groups

Are you a group facilitator looking for more expertise and strategies to improve your group work practice?

This session provides an overview of the essential factors for planning and facilitating effective groups. It addresses critical elements including purpose, time and duration, composition and diversity, engagement, contracting, facilitator role and expectations, stages of group development, member and agency needs, use of activities, and assessment and feedback.

## At the end of this session, participants will be able to:

- Harness the power of group work expertise to create meaningful connection and change
- Understand how groups develop and change over time, including what to expect from members at each stage, and the role of the leader throughout the process
- Plan more effective group interventions for a wide variety of practice settings and populations

Greg Tully, PhD, LCSW

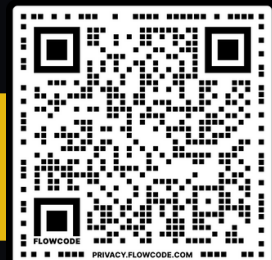


**Friday, September  
29th, 2023  
9:30pm to 4:30pm,  
CT (Chicago)  
via Zoom  
3 CEUs**

**\*FEE:**

General: \$120,  
LUC Alumni/Field  
Instructors: \$100,  
Students: \$30  
20% discount if enrolled in  
3 or more sessions

Scan or use link to Register:  
<https://tinyurl.com/23vdpdc9>



# Addressing Diversity, Equity, Inclusion and Social Justice in Groups

Binita Donohue, LCSW

We live in a world where, with or without our permission, our social identities continue to determine outcomes. The group experience can provide powerful learning opportunities to become conscious of and work with those identities in the context of a social environment. With the current moment being so politically charged, group work can become an ideal setting to reflect upon diversity experiences even as they are happening. This workshop will look at the diversity dynamics and processes that are present in groups and discuss methods to facilitate those dynamics to create space for change and growth.



## At the end of this session, participants will be able to:

- Examine important group concepts such as interpersonal communication, power and norm creation in light of diversity dynamics
- Discuss roles and scripts that emerge in the group based on social identity
- Investigate the impact of institutional experiences of diversity in group work

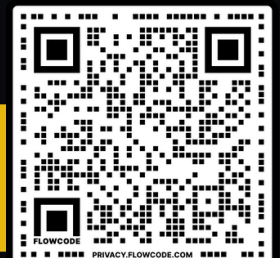
Friday, October  
13th, 2023  
1pm - 4pm, CT  
(Chicago)  
via Zoom  
3 CEUs

### FEE:

General: \$80, LUC  
Alumni/Field Instructors:  
\$65, Students: \$15  
20% discount if enrolled  
in 3 or more sessions

This session fulfills the 3 credit Illinois licensure requirement for Cultural Competence

Scan or use link to Register:  
<https://tinyurl.com/23vdpdc9>



# Using Activities Effectively

This highly interactive workshop allows participants to experience the power of purposeful activity in both virtual and face-to-face group work. The theoretical and philosophical underpinnings of experiential group work are explored. Participants learn about and engage in activities that can be used in clinical, task, and educational contexts.

Christian Itin, MSW, Ph.D.



## At the end of this session, participants will be able to:

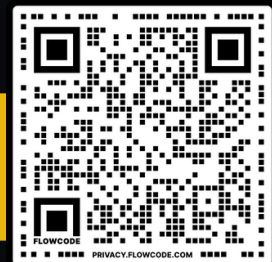
- Understand the theoretical and philosophical underpinnings of experiential, activity-based approaches to group work
- Recognize the power of non-deliberative, activity-based group work to accomplish a variety of goals, from educational to therapeutic
- Translate experiential activities from the physical world to the virtual world

**Friday, October  
6th, 2023  
1 pm - 4pm, CT  
(Chicago)  
via Zoom  
3 CEUs**

### FEE:

General: \$80, LUC  
Alumni/Field Instructors:  
\$65, Students: \$15  
20% discount if enrolled  
in 3 or more sessions

Scan or use link to Register:  
<https://tinyurl.com/23vdpdc9>



# Adventure-Based Group Work: An Experiential Introduction

Barney Straus, LCSW, CGP

This workshop explores the impact of using novel activities with therapy groups. The facilitator shares the theoretical foundations of Adventure-Based Counseling and then leads participants in a sequence of experiential activities with the participants. The workshop concludes with a discussion about applying the techniques to one's own groups. Some time is spent engaged in activities on an outdoor challenge course, though no special athletic ability is required.



## At the end of this session, participants will be able to:

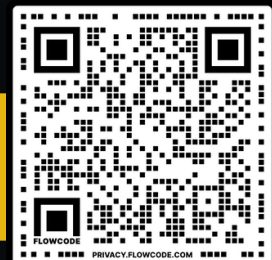
- Explain how to effectively incorporate novel activities into process-oriented groups
- Describe how to use metaphoric transfer of learning to heighten therapeutic impact of groups
- Select specific activities based on the stage of development and primary purpose of a particular group

Saturday, October  
21st, 2023  
1pm - 4pm CT  
(Chicago)  
Heller Center,  
Highland Park,  
Illinois  
3 CEUs

### FEE:

General: \$100,  
LUC Alumni/Field  
Instructors: \$80,  
Students: \$30  
20% discount if enrolled  
in 3 or more sessions

Scan or use link to Register:  
<https://tinyurl.com/23vdpdc9>



# Strategies for Leading Online Groups

This workshop explores the unique opportunities to bring individuals and groups together in a virtual setting. Using video clips from a mock virtual group, the workshop explores the strengths and challenges of an online format. Contemporary examples from virtual groups will offer practical applications for this increasingly popular modality.

Sera Godfrey-Kaplan,  
LICSW



**At the end of this session, participants will be able to:**

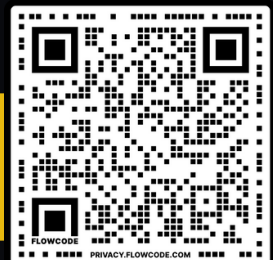
- Understand the important differences in leading and planning virtual versus in-person groups.
- Have practical skills to deepen mutual aid and connections within virtual groups.
- Be able to facilitate challenging moments in groups including conflict, discussions of race, and issues unique to the online environment.

**Friday, November  
3rd, 2023  
9am to 12pm CT  
(Chicago)  
via Zoom  
3 CEUs**

**FEE:**

General: \$80, LUC  
Alumni/Field Instructors:  
\$65, Students: \$15  
20% discount if enrolled  
in 3 or more sessions

Scan or use link to Register:  
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# Ethical Challenges in Contemporary Group Work

Kristina Lind, Ph. D., LICSW

Expanded options in group work delivery have challenged the way social workers think about ethically sound group facilitation. This workshop addresses ethical considerations as they relate to confidentiality and privacy, informed consent, safety, and risk management, particularly in virtual group service delivery systems. The workshop is highly participatory. Participants are asked to bring ethical challenges from their own practice to the discussion.



## At the end of this session, participants will be able to:

- Have additional knowledge and strategies for addressing complex ethical issues in group work.
- Have strategies for dealing with issues of confidentiality in both in-person and virtual groups.
- Have enhanced tools to address privacy and safety issues in groups.

**Friday, November 10,  
2023  
12:30pm - 3:30pm CT  
(Chicago)  
via Zoom  
3 CEUs**

### FEE:

General: \$80, LUC  
Alumni/Field Instructors:  
\$65, Students: \$15  
20% discount if enrolled in  
3 or more sessions

This session fulfills the 3 credit Illinois licensure requirement for ethics and values

Scan or use link to Register:  
<https://tinyurl.com/23vdpdc9>



For more info. on presenters: <https://tinyurl.com/mrnn2nbf>

This session fulfills the 3 credit Illinois licensure requirement for Cultural Competence

# Working with LGBTQIA+ individuals: Practical and effective group work strategies

This interactive workshop focuses on facilitating effective groups for the diverse LGBTQIA+ populations throughout the lifespan. It identifies unique considerations for some of the different communities included in the acronym LGBTQIA+ within the context of traditional human development theory, as well as group work theory and principles. Specific examples drawn from real-life experiences will be shared and assessed. Participants are encouraged to bring questions based on their own practice experiences.

## At the end of this session, participants will be able to:

- Understand how socio-emotional dynamics and coping mechanisms present among many LGBTQIA+ individuals could impact the group process.
- Apply practical strategies for effectively engaging LGBTQIA+ individuals in a broad array of diverse groups at different life stages (i.e., adolescence, middle age, and the “golden years”).
- Understand the utility of group work theories in working effectively with LGBTQIA+ populations.



Mauricio Cifuentes, Ph.D.,  
LCSW, J.D.

Friday, November  
17th, 2023  
1pm - 4pm CT  
(Chicago)  
via Zoom  
3 CEUs

### FEE:

General: \$80, LUC  
Alumni/Field Instructors:  
\$65, Students: \$15  
20% discount if enrolled in  
3 or more sessions

Scan or use link to Register:  
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